



TRAUMA AND WELLBEING AMONG LEGAL PROFESSIONALS

TEAMS VIRTUAL TRAINING

WEDNESDAY, FEBRUARY 2, 2022 • 11:30AM - 1:00PM

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Purpose:

The purpose of this training is to increase the collective awareness of court clerks about secondary trauma, its impact, and provide strategies to help reduce symptoms and increase resiliency.

Objectives:

- Identify types of traumas with a particular emphasis on secondary trauma and the link to ongoing mental and physical health;
- Recognize how secondary trauma manifests itself through the secondary trauma spiral.
- Learn the impact of stigma as it relates to secondary trauma;
- Learn ways to build resiliency; and
- Empower individuals and groups to use self-care strategies.

Presenter: **Dr. Dawn D'Amico**



Dr. D'Amico is a psychotherapist, author, and educator. Her keynote speaking appearances and seminars, continuing education credits, and private psychotherapy are provided nationally and internationally. Her specialty is Primary Trauma, Secondary Trauma, and Generational Trauma and the myriad of mental health issues that accompany trauma.

Questions and answers with Dr. D'Amico will also be part of the webinar.

For more information please contact:

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Co-Sponsored by:

The NYS Child Welfare Court Improvement Project and Daniel T. Lukasik, Judicial
Wellness Coordinator, NYS Unified Court System.